



FEDERATION INTERNATIONALE DE L'AUTOMOBILE

**MEDICAL KIT SPECIFICATION FOR CROSS-COUNTRY RALLIES AND
BAJAS**

18/11/2020

FOREWORD

The kit comprises medical equipment.

The aim of this specification is to:

- i. provide a list of medical equipment,
- ii. define a minimum weight,
- iii. define water and dust resistance requirements
- iv. define colour requirements
- v. define sealing requirements, and
- vi. define validity

The FIA will list all newly-recognized medical kits complying with the requirements listed below in Technical List 83], published on the FIA website (www.fia.com). Suppliers shall contact the FIA (medical@fia.com) in order to get their medical and survival kit listed in the Technical List 83. The FIA reserves the right to refuse to add the medical and survival kit in case it does not meet all the below requirements.

1. MEDICAL EQUIPMENT

- 1 x rescue scissors or 1 x pair of stainless-steel scissors 14.5 cm
- 1 x adhesive plaster tape 5 m x 2.5 cm
- 6 x sterile compresses 10 cm x 10 cm
- 1 x roll of conforming elastic self-adherent bandage Coban type or equivalent - 4 m x 8 cm
- 2 x rescue sheet - aluminium blanket minimum 160 cm x 210 cm, which can also be used to signal using the sun.
- 2 x finger-plasters 12 cm x 2 cm
- 4 x pairs of disposable nitrile gloves (adult size)
- Wet wipes
- Minimum 4 single doses of physiological saline for eyes
- 1 x skin disinfectant (50 ml)
- 2 x compression bandages e.g. Israeli or equivalent
- 1 x tourniquet (one-handed operation) – CAT or similar
- 1 x information sheet
- 1 x emergency procedure sheet
- 1 x critical burn kit for face and hands – Water-Jel or equivalent
- 1 x 50 ml sunscreen
- 1 x headtorch
- 1 x emergency mirror
- 2 x lighters

2. MINIMUM WEIGHT AND DIMENSIONS

The minimum weight of the medical kit shall be at least 1.5kg.

The dimensions of the medical kit bag must comply with one of the following options: (H x W x D)

- a. 225 x 210 x 210 mm
- b. 235 x 345 x 130 mm
- c. 220 x 380 x 240 mm
- d. 200 x 300 x 200 mm
- e. 420 x 300 x 200 mm

3. DUST AND WATER RESISTANCE

The manufacturer shall provide a certification to the FIA by which it demonstrates that the medical and survival kit bag is rated at least with the IP54 code according to BS EN 60529:1992.

4. COLOUR REQUIREMENTS

The medical kit bag must be of a bright signal colour (i.e.: rgb 255, 255, 0).

5. SEALING AND LABELLING REQUIREMENTS

The medical kit bag must be designed in a way that allows the bag to be sealed. The seal must contain a serial number.

The medical and survival kit bag must have a label with the following information:

1. Manufacturer's name
2. Model name
3. Serial number
4. Validity date

The seal and the label must have the same serial number.

The markings shall be clearly and indelibly marked on a label glued to the medical and survival kit bag. The markings shall be designed to remain clear for the expected use and lifetime of the medical and survival kit bag.

It shall be possible for the scrutineers to remove or void the labels without damaging the medical kit bag.

6. VALIDITY

The medical kit shall be serviced every 2 years. For example, a medical kit manufactured/sealed on 1 January 2020 will be "Not valid after January 2022". Whenever the medical kit is serviced by the manufacturer, the manufacturer or their official must replace the seal and label with a new one. This 2-year life span is governed by the serviceable life of some of the contents. It is necessary to review **all** serviceable dates of First Aid Kit contents during this bi-annual service and replace contents, as necessary.

LIST OF AMENDMENTS

Date	Modifications
18/11/2020	<i>Published</i>